

An Outdoor Wellbeing Space for Sharing Creativity, Community Spirit & Connection www.theplotstanmer.org.uk @ThePlotStanmer

# TREASURER, MANAGEMENT COMMITTEE

# Become part of The Plot community...

### Who we are

The Plot is a creative community wellbeing space emerging amongst the mint and nettles at Stanmer Park on the outskirts of Brighton! Established in 2019, The Plot is part of Stanmer Wellbeing Gardens – a group of sites managed by Brighton & Hove Food Partnership, where people can get involved in food-growing, gardening, education and nature connection activities.

Our vision is to create a sanctuary space for sharing and nurturing creativity, community spirit and connection.

This means continuing to co-create, build and grow a therapeutic space with our community – many of who have experiences of trauma and bring valuable thoughts and ideas about what a sanctuary means to them and how it can support them.

We are a group of individuals bringing backgrounds in environmental art therapy, forest school, occupational therapy, art therapy, mental health, public health, community development and the arts – to form The Plot collective. With expertise in working with mental health, wellbeing and trauma-focussed interventions – as well as working the land, horticulture, environmental and creative arts – we believe that calling on a range of elements helps everyone to find balance, feel resilient, awaken and celebrate different aspects of themselves. As well as spark respect, compassion, connection and understanding for others within a common ground.

All community members play a part in the growth and development of The Plot, and we are grateful for how everyone has shaped and energised The Plot from the outset.

## What We Offer the local community

 Creative arts projects: native crafts including pottery; charcoal-making; natural dying; camera-less photography and natural developing techniques; environmental arts; Nature-connection and nature-based activities: Growing; ecotherapy: Campfire cooking

- Project-based collaborations that creatively use the outside space and natural environment of The Plot and its surroundings to nurture wellbeing, growth and development
- Ongoing groups in partnership with local services and organisations
- One-off events that spark playfulness, explore and respond to the natural environment and the changing seasons
- Team Days and Practitioner Skill Sharing + Support Sessions
- Public and partnership events that promote community spirit and social connection
- Volunteering opportunities including a supportive weekly group and monthly action days
- 1:1 and group therapy with registered and experienced practitioners

#### **TREASURER**

We are looking for a TREASURER to join our passionate and supportive core team.

This might suit someone who has a keen interest in nature, spending time outdoors, ideally creative and community based activities. You might recognise and promote the benefits of being connected with all of these activities for your own health and wellbeing. And you will share The Plot's values and purpose. However it is not necessary to have charity, nature-based, community ro arts experience to successfully hold this position

Approximately 5 hours a month, this is a voluntary position as part of the Management Committee. Some expenses available - also see below.

# Requirements:

- Professional financial experience
- Time to give a minimum of around 5 hours a month ideally joining our monthly Working Group meetings as well as our monthly Management Committee meetings and supporting our Director / Working Group with tasks in between
- Bring an ability to analyse proposals and examine their financial consequences
- Expertise in understanding and communicating the underlying messages behind financial information
- Availability for face-to-face meetings in Brighton & Hove where possible
- Pro-active and passionate about working with others
- Attention to detail, critical-thinker and problem-solving skills
- Interest in supporting the organisation of a small community group

The Plot promotes and celebrates equity, diversity and inclusion. We actively encourage applications from people who bring backgrounds, experience and perspectives that are underrepresented in the outdoor, therapeutic, arts and charity

sectors. Please let us know of any access and equity needs so that we can see where we can support.

# Responsibilities:

- Supporting The Plot Director / Working Group with expertise around finance management and recording systems
- Overseeing review processes for The Plot's financial systems
- Act as a signatory for The Plot's Metro Bank account and where relevant funding applications
- Lead on preparing and sharing updates around finance and accounts alongside
  The Plot Director
- Offering guidance on budgets/income/expenditure in order to support The Plot to develop and grow in a sustainable way

### Desirable but not essential:

- Have an interest and understanding in funding applications for e.g., supporting The Plot Director w/ checking individual funder terms and conditions
- Have an understanding and overview of different funding streams/projects that The Plot is working within, in order to best support The Plot Working Group and community

### What The Plot can offer

- Reimbursement of any work related materials for a particular task/activity, such as: printing
- Link w/ a local service offering free public PC use and a phone SIM if you do not have your own computer and phone/ data allowance;
- Involvement in The Plot will connect you to organisations and networks that The Plot is a member/ associate of, and who offer a vast range of community connection, knowledge, expertise, training and opportunities in a range of areas
- We are looking to develop and grow our resources in order to offer more benefits in terms of training and other equipment support. At present, we are a small constituted community group with limited resources
- Experience of being part of an innovative community that aims to counter a more mainstream approach to therapy, wellbeing and community connection
- A sense of making the vision of The Plot possible Your contribution will make a real difference to a diversity of people in Brighton and Sussex. The Plot is built on community hopes and ideas, and we are here to celebrate yours too!

For more information contact us to request an informal chat:

theplotstanmer@gmail.com | www.theplotstanmer.orguk | @theplotstanmer